

ABSTRAK

Petra Ardiansyah. *Pengembangan Alat Bantu Latihan Akurasi Shooting Olahraga Futsal.* Skripsi. Pacitan: STKIP PGRI Pacitan, 2022.

Penelitian ini bertujuan membuat produk untuk melatih akurasi *shooting* pada olahraga futsal. Produk yang dikembangkan telah disesuaikan dengan kebutuhan serta didesain seefektif mungkin.

Penelitian ini merupakan jenis pengembangan (RND). Prosedur pengembangan yang dilakukan adalah, (1) pengumpulan informasi, (2) perencanaan penelitian, (3) pengembangan produk awal, (4) validasi ahli dan revisi, (5) uji coba produk, (6) menyusun produk akhir. Validasi kelayakan uji coba produk melibatkan ahli materi dan ahli media. Ujicoba skala kecil melibatkan 10 orang anggota UKM futsal STKIP PGRI Pacitan yang terdiri dari 2 tingkatan semester, sedangkan ujicoba skala besar melibatkan 22 orang anggota UKM futsal STKIP PGRI Pacitan yang terdiri dari 4 tingkatan semester dan uji efektivitas produk dilakukan pada klub futsal *Java Eagle* Tegalombo yang melibatkan 10 orang. Instrumen pada penelitian ini menggunakan observasi, dokumentasi dan angket/kuesioner. Teknik analisa data menggunakan teknik analisis kuantitatif *presentase*

Hasil penelitian ini didapatkan penilaian dari ahli materi sebesar 88,2 % dengan kategori “sangat baik dan sangat layak”, ahli media memberikan penilaian 91,4 % dengan kategori “sangat baik dan sangat layak”, hasil uji coba skala kecil memberikan nilai 85,8% dengan kategori “sangat baik dan sangat layak” dan hasil uji coba skala besar memberikan nilai 88,5% dengan kategori “sangat baik dan sangat layak”. Pada uji keefektivan produk rerata *pre test* sebanyak 4,5 dan *post test* 7,4. Terjadi peningkatan rerata *pre test* dan *post test* sebanyak 2,9. Kesimpulannya adalah alat bantu latihan akurasi *shooting* efektif untuk meningkatkan akurasi *shooting* pada olahraga futsal

Kata Kunci: Akurasi, Shooting, Futsal

ABSTRACT

Petra Ardiansyah. *Development of Accuracy Training Device of Futsal Sport Shooting.* Thesis. Pacitan: STKIP PGRI Pacitan, 2022.

This study aimed to create a product to train shooting accuracy in futsal. The products developed have been tailored to the needs and designed to be as effective as possible. This research was a type of development (RND). The development procedures carried out were, (1) information gathering, (2) research planning, (3) initial product development, (4) expert validation and revision, (5) product testing, (6) compiling the final product. Validation of the feasibility of product trials involves material experts and media experts. The small scale trial involved 10 members of the futsal UKM STKIP PGRI Pacitan which consisted of 2 semester levels, while the large scale trial involved 22 members of the futsal UKM STKIP PGRI Pacitan which consisted of 4 semester levels. The product effectiveness test was carried out at the Java Eagle Tegalombo futsal club which involving 10 people. The instruments in this study used observation, documentation and questionnaire. The data analysis technique used a percentage quantitative analysis technique.

The results of this study obtained an assessment from material experts of 88.2% with the category of "very good and very decent", media experts gave an assessment of 91.4% with the category of "very good and very decent". The results of small-scale trials gave a value of 85, 8% with the category "very good and very decent" and the results of large-scale trials give a value of 88.5% with the category "very good and very decent". In the product effectiveness test, the average pre-test was 4.5 and the post-test was 7.4. There was an increase in the average pre-test and post-test as much as 2.9. It can be concluded that shooting accuracy training aids are effective for increasing shooting accuracy in futsal

Keywords: Accuracy, Shooting, Futsal