

ABSTRAK

Khairul Anwar. *Pengembangan Alat Bantu Latihan pada setter Bolavoli.* Skripsi. Pacitan: STKIP PGRI Pacitan, 2023.

Penelitian ini bertujuan untuk menghasilkan produk berupa alat bantu latihan ketepatan pada setter bolavoli. Pengembangan alat ini dapat membantu latihan pada setter bolavoli sehingga mempermudah dan dapat meningkatkan kemampuan setter dalam memberikan umpan.

Penelitian menggunakan desain pengembangan. Prosedur penelitian pengembangan adalah sebagai berikut: (1) Identifikasi Potensi Masalah, (2) Pengumpulan Data, (3) Desain produk, (4) Validasi Produk, (5) Revisi Produk, (6) Uji Coba Produk, (7) Produksi Akhir. Subjek penelitian ini adalah 12 orang atlet di Ukm STKIP PGRI Pacitan dan uji skala besar di IVOP Pacitan 30 Alet. Penelitian ini menggunakan teknik observasi, wawancara dan angket kuosioner. Validasi penelitian ini menggunakan ahli materi dan ahli media. Teknik analisis data menggunakan skala Likert.

Hasil penelitian ini mendapatkan penilaian dari ahli materi sebesar 4,81 yang masuk kategori “Sangat Baik”. Sedangkan dari ahli media diperoleh nilai 4,3 yang masuk dalam kategori “Sangat Baik”. Uji coba skala kecil mendapatkan penilaian 4,32 yang masuk kategori “Sangat Baik”. Sedangkan hasil uji coba skala besar mendapatkan rerata 4,38 masuk dalam kategori “Sangat Baik”.

Kata Kunci: ketepatan, setter, Bolavoli

ABSTRACT

Khairul Anwar. *THE DEVELOPMENT OF PRECISION ASSISTANCE IN VOLLEYBALL SETTERS.* Thesis. Pacitan: STKIP PGRI Pacitan, 2023.

This study aims to produce a product as a precision training tool for volleyball setters. The development of this tool can help practice volleyball setters to make it easier and improve the setter's ability to provide bait.

Research using development design. The development procedure is as follows: (1) Identification of Potential Problems, (2) Data Collection, (3) Product design, (4) Product Validation, (5) Product Revision, (6) Product Testing, (7) Final Production. The subjects of this study were 12 athletes at UKM Volleyball STKIP PGRI Pacitan and a large-scale test at IVOP Pacitan 30 Athletes. This study used observation techniques, interviews, and questionnaires. The validation of this study uses material experts and media experts. The data analysis technique uses a Likert scale.

The results of this study obtained an assessment from material experts of 4.81, which was in the "Very Good" category. Meanwhile, media experts got a value of 4.3, which was included in the "Very Good" category. The small-scale trial received a rating of 4.32, which was in the "Very Good" category. At the same time, the results of large-scale tests get an average of 4.38 in the "Very Good" category.

Keywords: accuracy, setter, volleyball