

ABSTRAK

Dwiyanto. *Tingkat Keterampilan dan dasar Bermain Futsal Peserta Ekstra kurikuler Futsal di SMA N/SMKN se-Kecamatan Pacitan.* Skripsi Program Studi Pendidikan Jasmani Kesehatan dan Rekreasi STKIP PGRI Pacitan.

Penelitian ini bertujuan untuk mengetahui seberapa tingkat keterampilan teknik dasar bermain futsal peserta ekstra kurikuler futsal di lembaga sekolah khususnya SMA N dan SMKN se-kecamatan Pacitan.

Penelitian ini merupakan penelitian kuantitatif deskriptif dengan satu variabel tanpa membuat perbandingan dan menghubungkan dengan variabel lainnya. Variabel dalam penelitian ini adalah keterampilan bermain futsal meliputi *controlling, dribbling, dan shooting*. Subjek penelitian ini adalah seluruh peserta ekstra kurikuler futsal di SMA N dan SMKN se-kecamatan Pacitan. Siswa yang mengikuti ekstra kurikuler futsal ini berjumlah 100 siswa. Teknik pengumpulan data menggunakan Tes Keterampilan Futsal FIK Jogja. Data dianalisis secara statistik deskriptif yang berupa persentase.

Hasil penelitian ini menunjukkan bahwa tingkat keterampilan bermain futsal peserta ekstra kurikuler futsal di SMA N dan SMKN se-kecamatan Pacitan sebanyak 5 siswa (5%) dinyatakan Baik Sekali, 28 siswa (28%) dinyatakan Baik, 32 siswa (32%) dinyatakan Cukup, 25 siswa (25%) dinyatakan Kurang, dan 10 siswa (10%) dinyatakan Kurang Sekali. Nilai rerata sebesar 78,77 terletak pada interval $72 < X \leq 85$, maka tingkat keterampilan bermain futsal peserta ekstra kurikuler futsal di SMA N/SMKN se-kecamatan Pacitan dinyatakan Cukup.

Kata kunci: *Tes, Keterampilan, Futsal, Ekstra kurikuler futsal*

ABSTRACT

Dwiyanto. *Basic Futsal Playing Skill Levels of Futsal Extra curricular Participants in SMA N/SMKN Schools in Pacitan district. Thesis of the Health and Recreation Physical Education Study Program of STKIP PGRI Pacitan.*

This research aims to determine the level of basic technical skills for playing futsal in futsal extra curricular participants in school institutions, especially SMA N and SMKN in Pacitan sub-district.

This research is descriptive quantitative research with one variable without making comparisons or connecting with other variables. The variables in this research are futsal playing skills including controlling, dribbling and shooting. The subjects of this research were all futsal extra curricular participants at SMA N and SMKN throughout Pacitan sub-district. There are 100 students who take part in the futsal extra curricular. The data collection technique uses the Jogja FIK Futsal Skills Test. Data were analyzed using descriptive statistics in the form of percentages.

The results of this research show that the level of futsal playing skills of futsal extra curricular participants in SMA N and SMKN in Pacitan sub-district as many as 5 students (5%) were declared Very Good, 28 students (28%) were declared Good, 32 students (32%) were declared Fair, 25 students (25%) were declared Poor, and 10 students (10%) were declared Very Poor. The average value of 78.77 is located in the interval 72 <

Key words: *Test, Skills, Futsal, Futsal Extra curricular*