

ABSTRACT

Medhi Prasetyo. *The Survey of Volleyball Basic Skill on Overhand Pass and Forearm Pass towards students class XI IPS 2 of SMAN 1 Ngadirojo in the 2019/2020 academic year.* S1-Thesis. STKIP PGRI Pacitan. 2020.

This research was conducted to determine the level of basic volleyball technical skills overhand pass and forearm pass of students at class XI IPS 2 SMAN 1 Ngadirojo in the 2019/2020 academic year.

It is kind of survey research within test as the descriptive approach. The objectives of this research are: 1) to determine the development of certain physical facilities, and 2) the occurrence frequency of certain aspects of social phenomena. This study examines the basic technical skills level of volleyball students of Class XI IPS 2 at SMAN 1 Ngadirojo, which means that this study only wants to describe the basic technical skills of volleyball passing over and under when testing takes place without hypothesis testing. This research used a single variable, namely the level of basic technical skills for playing volleyball. Volleyball skills consist of serving, overhand pass, over passing, spike and block. However, this research only used the measurement method as follows: (1) Overhand pass by bouncing the ball against the wall for 1 minute, (2) forearm pass by bouncing the ball against the wall for 1 minute. The population was all Class XI students of SMAN 1 Ngadirojo for the 2019/2020 academic year. The samples were students of class XI IPS 2 SMAN 1 Ngadirojo, the instruments and data collection methods used included: a) AAHPER face wall-volley test, which is bouncing the ball against the wall using an overhand pass with a target height of 350 cm for men, and 335 cm for women during 1 minute, b) Brumbach forearm pass wall-volley test, which is bouncing the ball against the wall with a target height of 350 cm for men, and 335 cm for women using the forearm pass for 1 minute. Furthermore, the data obtained were converted into values by consulting the rough data with categories of very good, good, acceptable, poor, and very poor. Then, the percentage of each assessment category is determined.

The results of the assessment obtained results as follows: Minimum score = 27; Maximum score = 76; Mean = 57,6; SD. = 15.29. And it is known that the "very good" category is 0 students or 0%; category "good" 8 students or 40%; category "moderate" 8 students or 40%; category "less" 1 student or 5%; and in the category of "very poor" as many as 3 students or 15%. So it is concluded that the level of basic skills of volleyball overhand pass and forearm pass of the students of class XI IPS 2 SMAN 1 Ngadirojo are in the "good" and "medium" categories.

Keywords: *Survey, skills, over passing, under passing, volleyball.*