

ABSTRAK

WEKA DYA SAFITRA. *Identifikasi Sikap Siswa Melalui Program Perilaku Hidup Bersih Dan Sehat Di Sdn 2 Bangunsari Kecamatan Bandar. Skripsi-S1.Pacitan: STKIP PGRI Pacitan, 2020*

Perilaku hidup bersih dan sehat (PHBS) merupakan bagaimana kita mengatur pola asuh guna menjaga kesehatan melalui perilaku sehari-hari. Berdasarkan hasil pengamatan, menunjukkan bahwa program perilaku hidup bersih dan sehat (PHBS) belum berjalan dengan baik dikarenakan masih ada beberapa siswa yang belum peduli akan kebersihan lingkungan sekolah maupun lingkungan luar sekolah. Penyebab permasalahan tersebut, yaitu penerapan program ini belum tepat. Penelitian ini bertujuan untuk mengidentifikasi sikap siswa melalui program perilaku hidup bersih dan sehat di Sekolah Dasar Negeri II Bangunsari Kecamatan Bandar Kabupaten Pacitan.

Penelitian ini dilakukan secara kualitatif dengan informan 16 orang terdiri dari satu orang kepala sekolah, satu orang guru, dan empat belas orang siswa. Triangulasi yang dilakukan berupa triangulasi teknik triangulasi sumber. Kemudian dilakukan observasi di Sekolah Dasar Negeri II Bangunsari Kecamatan Bandar Kabupaten Pacitan. Hasil penelitian menunjukkan bahwa hasil penelitian diperoleh tentang sikap siswa dalam program perilaku hidup dan bersih di Sekolah Dasar Negeri 2 Bangunsari Desa Bandar Kecamatan Bandar Kabupaten Pacitan. Dengan hasil penelitian menunjukkan bahwa ada sebagian siswa bersikap positif dan ada juga siswa yang kurang peduli terhadap program perilaku hidup bersih dan sehat, Masih ada beberapa sarana belum tersedia di lingkungan sekolah, dan dukungan yang dilakukan dengan arahan dan teguran secara lisan oleh pihak sekolah. Sekolah Dasar Negeri II Bangunsari Desa Bandar Kecamatan Bandar Kabupaten Pacitan di harapkan dapat melakukan pendekatan di dalam program perilaku hidup bersih dan sehat (PHBS) di sekolah. Sehingga siswa siswi memberi dukungan penuh dalam pelaksanaan program PHBS di sekolah.

Kata Kunci: PHBS, Siswa Sekolah Dasar

ABSTRACT

WEKA DYA SAFITRA. *The Identification of Student Attitudes Through the Clean and Healthy Behavior Program at SDN 2 Bangunsari Bandar Sub District. S1-Thesis. Pacitan: STKIP PGRI Pacitan, 2020*

Clean and healthy living behavior (PHBS) is how we regulate our parenting patterns to maintain health through daily behavior. Based on the observations, it shows that the clean and healthy lifestyle (PHBS) program has not been running well because there are still some students who do not care about the cleanliness of the school environment and the environment outside the school. The cause of the problem is that the implementation of this program is not yet correct. This study aims to identify students' attitudes through a clean and healthy lifestyle program in SDN II Bangunsari, Bandar Sub District, Pacitan Regency.

This research was conducted qualitatively with 16 informants consisting of one principal, one teacher, and fourteen students. Triangulation is done in the form of triangulation of source triangulation techniques. Then the observations were made at Bangunsari II Elementary School, Bandar Sub District, Pacitan Regency. The results of the study were obtained about the attitudes of students in the life and clean behavior program at SDN II Bangunsari, Bandar Village, Bandar Sub District, Pacitan Regency. The results of the study show that there were some students who are positive and there were also students who do not care about the clean and healthy lifestyle program, there were still some facilities that are not yet available in the school environment, and support is carried out with directions and verbal warnings by the school. The SDN II Bangunsari, Bandar Village, Bandar Sub District, Pacitan Regency is expected to be able to make an approach in the clean and healthy lifestyle program (PHBS) in schools. So that students provide full support in the implementation of PHBS programs in schools.

Keywords: PHBS, Elementary School Students.