

ABSTRAK

Yuvendri Dwi Lestari. *Pengaruh Kemampuan Metakognitif Siswa Ditinjau dari Adversity Quotient (AQ) dan Tipe Kepribadian.* Skripsi. Pacitan: STKIP PGRI Pacitan, 2022.

Penelitian ini bertujuan untuk mengetahui: 1) pengaruh *adversity quotient* (tinggi, sedang, rendah) terhadap kemampuan metakognitif siswa, 2) pengaruh tipe kepribadian (koleris, sanguinis, melankolis, plegmatis) terhadap kemampuan metakognitif siswa, 3) pengaruh interaksi antara *adversity quotient* dan tipe kepribadian terhadap kemampuan metakognitif siswa.

Jenis penelitian ini merupakan *ex post facto* dengan pendekatan kuantitatif. Sampel penelitian ini adalah siswa kelas X TBS 1, X TBS 2, dan X MM 2 SMK Negeri Kebonagung. Pengambilan sampel dilakukan dengan teknik *simple random sampling*. Teknik pengumpulan data menggunakan angket dan tes. Teknik analisis data menggunakan uji lanjut non-parametrik *Kruskall Wallis H*.

Hasil analisis data penelitian menyimpulkan bahwa: 1) berdasarkan hasil uji lanjut diperoleh H_{0A} diterima artinya tidak terdapat pengaruh antara *adversity quotient* (tinggi, sedang, rendah) terhadap kemampuan metakognitif siswa, 2) berdasarkan hasil uji lanjut diperoleh H_{0B} diterima artinya tidak terdapat pengaruh antara tipe kepribadian (koleris, sanguinis, melankolis, plegmatis) terhadap kemampuan metakognitif siswa, 3) berdasarkan hasil uji lanjut diperoleh H_{0AB} diterima artinya tidak terdapat interaksi antara *adversity quotient* dan tipe kepribadian terhadap kemampuan metakognitif siswa.

Kata Kunci: Kemampuan Metakognitif, *Adversity Quotient*, Tipe Kepribadian

ABSTRACT

Yuvendri Dwi Lestari. *The influence of students' metacognitive abilities in terms of adversity quotient (AQ) and personality types Thesis: Pacitan: STKIP PGRI, Pacitan, 2022.*

This study aims to determine: 1) the effect of adversity quotient (high, medium, low) on students' metacognitive abilities; 2) the influence of personality types (koleris, sanguinis, melancholy, plegmatic) on students' metacognitive abilities; and 3) the effect of interactions between adversity quotient and personality type on students' metacognitive abilities.

This type of research is ex post facto with a quantitative approach. The sample of this study was students of class X TBS 1, X TBS 2, and X MM 2 Vocational High School of Kebonagung. Sampling is done with a simple random sampling technique. Data collection techniques using questionnaires and tests Data analysis techniques using further tests non-parametric Kruskall Wallis H.

The results of the research data analysis concluded that: 1) based on the results of further tests obtained, is accepted, meaning that there is no influence between adversity quotient (high, medium, low) on students' metacognitive abilities; 2) based on the results of further tests obtained, is accepted, meaning that there is no influence between personality types (choleric, sanguinis, melancholic, plegmatic) on students' metacognitive abilities; and 3) based on the results of further tests obtained, is accepted, meaning that there is no interaction between adversity quotient and personality type on students' metacognitive abilities.

Keywords: *Metacognitive abilities, Adversity quotient, Personality type*