

ABSTRAK

Vika Hengki Vargana. *Analisis Minat Berlatih Bola Voli Anggota Karang Taruna Desa Ngreco Kecamatan Tegalombo.* Skripsi, Pacitan: STKIP PGRI Pacitan, 2022.

Penelitian ini bertujuan untuk mengetahui minat berlatih bola voli anggota Karang Taruna Tunas Harapan Desa Ngreco Kecamatan Tegalombo. Penelitian ini merupakan penelitian survei dengan pendekatan kuantitatif dengan jenis diskriptif.

Subjek penelitian ini adalah anggota Karang Taruna Tunas Harapan Desa Ngreco Kecamatan Tegalombo. Penentuan sampel menggunakan teknik *Random sampling* sebanyak 20 anggota. Instrumen penelitian ini dengan menggunakan instrumen utama yaitu angket dan instrumen pembantu berupa observasi dan dokumentasi.

Kesimpulan dari penelitian ini adalah faktor internal dan eksternal yang meliputi aspek fisiologis, psikologis, dan lingkungan berpengaruh sangat tinggi terhadap tingkat minat berlatih anggota Karang Taruna Tunas Harapan Desa Ngreco. Berikut data simpulan yang diperoleh: 1) Faktor fisiologis dalam minat berlatih permainan bola voli Anggota Karang Taruna Tunas Harapan Desa Ngreco dapat di kategorikan tinggi dengan prosentase sebesar 81%. 2) Faktor psikologis dalam minat berlatih permainan bola voli Anggota Karang Taruna Tunas Harapan Desa Ngreco dapat di kategorikan sangat tinggi dengan prosentase sebesar 90%. 3) Aspek lingkungan minat berlatih anggota Karang Taruna Tunas Harapan Desa Ngreco Kecamatan Tegalombo dalam kategori tinggi yaitu sebesar 83%.

Kata kunci: *Bola Voli, latihan, Minat, Survei.*

ABSTRACT

Vika Hengki Vargana. *Analysis of the Interest in Volleyball Practice of Karang Taruna Members, Ngreco Village, Tegalombo District. Thesis, Pacitan: STKIP PGRI Pacitan, 2022.*

This study aims to determine the interest in practicing volleyball members of the Tunas Harapan Youth Organization, Ngreco Village, Tegalombo District. This research is a survey research with a quantitative approach with descriptive type.

The subjects of this study were members of the Tunas Harapan Youth Organization, Ngreco Village, Tegalombo District. Determination of the sample using random sampling technique as many as 20 members. The instrument of this research is by using the main instrument, namely a questionnaire and the supporting instrument in the form of observation and documentation.

The conclusion of this study is that internal and external factors which include physiological, psychological, and environmental aspects have a very high effect on the level of interest in practicing members of the Karang Taruna Tunas Harapan Ngreco Village. The following conclusions are obtained: 1) Physiological factors in interest in practicing volleyball games for members of the Tunas Harapan Youth Organization in Ngreco Village can be categorized as high with a percentage of 81%. 2) Psychological factors in interest in practicing volleyball games for members of the Karang Taruna Tunas Harapan Ngreco Village can be categorized as very high with a percentage of 90%. 3) Environmental aspects of interest in practicing members of the Tunas Harapan Youth Organization, Ngreco Village, Tegalombo District, are in the high category, which is 83%.

Keywords: *Volleyball, Training, Interest, Survey.*